Give Thanks, So You Don't Give Up

Grace Fellowship Church / Ryan Fultz / May 14, 2017

Psalm 9:1-2

I will give thanks to the Lord with my whole heart; I will recount all of your wonderful deeds. I will be glad and exult in you; I will sing praise to your name, O Most High.

"I would maintain that thanks are the highest form of thought; and that gratitude is happiness doubled by wonder." - *G.K. Chesterton*

1. Give Thanks To Cling To Your Hope in Christ

1 Peter 1:3-9

- Through Christ We Have Been Born Again
- Hope is Alive (v. 3)
- We Can Endure Trials Because We Have Hope

"As soon as you are thankful, you enter the presence of God. You instantly are reminded that you are not alone in your situation, isolated, feeling as if you've been left to fight your battles on your own. When you are thankful, you remember that you are living your life in God's presence. Being thankful is not just a technique in which you talk yourself into a positive frame of mind. Thankfulness reminds you that you have a relationship with the living God. He is listening and involved. He is there with you. You are thinking like heaven, even if your circumstances seem more like something else."

Susan Lutz - "Thankfulness: Even When It Hurts"

2. Give Thanks To Remember God Gives Good Gifts

James 1:17

- God Gives Good Gifts
- He Doesn't Change and Will Continue to Give Good Gifts

Consider just for a moment, all that God has given you... We must remember!

3. Give Thanks To Weaken The Power of Your Flesh

Philippians 4:6

Anxiety/Fear

Ephesians 5:3-5

- Sexual Immorality
- Crude/Filthy Language

"Sin is what we you do when your heart is not satisfied with God. No one sins out of duty. We sin because it holds out some promise of happiness." - *John Piper*

Consider your life, is it overflowing with thankfulness?