

THOUGHTS

Instructions: Look up and read the bible verse for each question, write it out the verse on the lines provided, and then answer the question.

Most bible references on this worksheet make the most sense from the New King James version.

1. Proverbs 23:7 in NKJV says “as he (a man) thinks in his heart, so is he.”

Why are our thoughts so important?

2. What does God know about our thoughts?

I Chronicles 28:9 _____

Psalm 94:11 _____

Proverbs 5:21 _____

Psalm 139:2 _____

Ezekiel 11:5 _____

3. Describe the kind of mind that God desires that we have.

2 Timothy 1:7 (NKJV) _____

2 Peter 3:1 _____

Romans 8:6-9 _____

1 Peter 1:13 _____

Philippians 4:7 _____

Philippians 2:5 _____

4. What are the basic problems we have with our mind (thoughts)?

Philippians 4:6 _____

Romans 8:6-7; Ephesians 2:3; 4:22 _____

Romans 1:27-28 _____

Colossians 2:18; 2 Timothy 3:4 _____

1 Timothy 6:5; 2 Timothy 3:8; Titus 1:15-16 _____

5. What are the results if a person controls their thoughts?

Isaiah 26:3 _____

Romans 8:6 _____

6. Describe some of the wrong thought patterns that you experience:

7. How can a person conquer wrong thoughts?

Psalm 139:23-24 _____

1 Corinthians 10:5 _____

Job 31:1 _____

Romans 13:14 _____

Philippians 4:7 _____

8. What are our thoughts to be focused on? Write out Philippians 4:8-9

Define each of the 8 qualities

a. True: _____

b. Honest: _____

c. Just: _____

d. Pure: _____

e. Lovely: _____

f. Good report: _____

g. Virtuous: _____

h. Worthy of praise: _____

9. What commitment are you willing to make in regard to the areas where you struggle in your thought life?
