

**Ephesians:**  
*More than a Makeover*  
**“And Knowing Is Half The Battle.”**  
**Ephesians 6:10-12**

*Grace Fellowship Church / Pastor Peter LaRuffa / August 17, 2025*

**Ephesians 6:10-12** “Finally, be strong in the Lord and in the strength of His might. <sup>11</sup> Put on the whole armor of God, that you may be able to stand against the schemes of the devil. <sup>12</sup> For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.”

Reader: This is the Word of The Lord.

Response: ***Thanks Be To God!***

**I. You need to know who the real enemies are!**

**Ephesians 6:12** “For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.”

**Two Myths You Need To Dispel When It Comes To Spiritual Warfare**

Myth #1: “There’s no real conflict between good & evil raging in the spiritual realm.”

**2 Corinthians 10:3-4** “For though we walk in the flesh, we are not waging war according to the flesh. <sup>4</sup> For the weapons of our warfare are not of the flesh but have divine power to destroy strongholds.”

**1 Peter 5:8-9** “Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. <sup>9</sup> Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world.”

**Colossians 1:13-14** “He has delivered us from the domain of darkness and transferred us to the kingdom of His beloved Son, <sup>14</sup> in whom we have redemption, the forgiveness of sins.”

Myth #2: “The most important battles are the ones in my everyday life.”

**2 Corinthians 4:17-18** “For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, <sup>18</sup> as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.”

**Colossians 3:2** “Set your minds on things that are above, not on things that are on earth.”

**James 4:7** “Submit yourselves therefore to God. Resist the devil, and he will flee from you.”

**II. You need to know where your strength really comes from!**

**Ephesians 6:10** “Finally, be strong in the Lord and in the strength of His might.”

A. Human strength always runs out, but God’s strength never does!

**Psalm 73:26** “My flesh and my heart may fail, but God is the strength of my heart and my portion forever.”

**Psalm 18:2** “The Lord is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge, my shield, and the horn of my salvation, my stronghold.”

B. God gives us strength for the battles He calls us to fight.

**Isaiah 40:29** “He gives power to the faint, and to him who has no might He increases strength.”

### III. You need to know the primary weapon the devil uses against us!

**Ephesians 6:11** “Put on the whole armor of God, that you may be able to stand against the schemes of the devil.”

What’s Satan really like? Listen to Jesus describe him:

**John 8:44** “You are of your father the devil, and your will is to do your father’s desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies.”

- A. Satan’s goal has always been to spread death. (“*He was a murderer from the beginning...*”)
- B. Satan’s nature has always been rooted in falsehood. (“*...and does not stand in the truth, because there is no truth in him.*”)
- C. Satan’s method has always been, and always will be, lies. (“*When he lies, he speaks out of his own character, for he is a liar and the father of lies.*”)

### IV. You need to know your best weapons for battle!

- A. **People** - We’re better together because Satan hunts the isolated.
- B. **Practices** - Never underestimate Bible intake and consistent prayer.

***This week*** → Read Ephesians 6:10-20 every day (preferably aloud, preferably in the morning before your feet hit the floor).

#### **Questions for Personal Reflection and/or Community Group discussion:**

1. Which of the two myths about spiritual warfare are you most prone to believe today? Why?
2. What are some “lies” you’ve believed in the past that affected your faith or obedience? How did God bring you back to truth?
3. When life gets hard, is your first instinct to push harder in your own strength or to seek God’s strength? Why?
4. Of the two “P” weapons—People and Practices—which do you need to strengthen most in your life right now?
5. Pastor Peter said “Satan loves a lone target.” Who in your life might be spiritually “alone” right now, and how could you come alongside them?