

Luke
See Jesus
Does He Know How I Feel?
Luke 22:39-46; Matthew 26:36-46; Mark 14:32-42
Grace Fellowship Church / Pastor Brad Bigney / April 7, 2024

I. There's Nothing You Go Through That He Hasn't Felt Personally And Deeply

Hebrews 4:15-16 "For we do not have a High Priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. ¹⁶ Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need."

Because He has experienced everything we do, He can give you everything you need in the midst of it.

A. He Was Crushed With Our Sorrows and Grief

That's what you see brought out in both Matthew and Mark's account of this awful night in the Garden.

Matthew 26:37 "... He began to be sorrowful and troubled."

NASB "...began to be grieved and distressed."

New Living "... He became anguished."

The Message "...He plunged into an agonizing sorrow."

Mark 14:34 "...My soul is very sorrowful, even to death."

NIV "My soul is overwhelmed with sorrow to the point of death..."

New Living "My soul is crushed with grief to the point of death."

HCSB "My soul is swallowed up in sorrow – to the point of death."

Jesus was not just beginning to feel the weight of sin, He was beginning to feel the crushing weight of sorrow and grief that can feel suffocating at times. He wants you to know that He knows.

Isaiah 53:3-6 shows our Savior taking on our sin, sorrow and grief.

When we experience pain, sorrow, and grief, we have a sympathetic Savior who feels it with us deeply. It resonates with Him because it was placed on Him 2,000 years ago. He felt it then and He feels it with you now.

This is so important because nothing isolates us and makes us feel cut off like pain and gut-wrenching sorrow.

B. He Was Shocked By The Horror Of Sin

Mark 14:33 "... began to be greatly distressed and troubled."

That Greek word for “distress” is a word that means to be thrown into an intense emotional state of shock and surprise that leaves you stunned and perplexed by what’s happening to you because it’s so foreign to you. You don’t know what to think or to do.

It was so foreign and overwhelming that it literally knocked Jesus to the ground.

Mark 14:35 “And going a little farther, He fell on ground and prayed, if it were possible, the hour might pass from Him.”

Jesus was shocked and horrified of feeling His Father beginning to pull back. It was the horror of separation and isolation from the unending fellowship He had with His Father.

It was also the horror of God’s wrath for sin being poured out on Him!

Luke 22:42 “... Father, if You are willing, remove this cup from Me...”

This was a foretaste of what He would feel on the cross.

Matthew 27:46 “...My God, My God, why have You forsaken Me?”

C. He Was Abandoned And Rejected By Men

Gethsemane was a lonely place for Jesus. He found out just how alone He was as His disciples couldn’t even stay awake to pray with Him and for Him.

Judas left the supper table and was on his way with soldiers to arrest Him and betray Him with a kiss. Peter was going to curse and deny three times that he even knew Him. And every other disciple deserted Him, leaving Him alone with a Father who was pulling back from Him.

He had never felt more abandoned, rejected, or alone. Cut off from anyone who would care or help Him bear the weight of this burden.

D. He Was Plunged Into Mental Distress

Luke 22:44 “And being in agony He prayed more earnestly; and His sweat became like great drops of blood...”

It’s worth noting that Dr. Luke is the only one that brings this out as it was a rare, but real, medical condition that was brought on by extreme mental pressure.

“In these supreme moments our Lord sounded the ultimate depths of human anguish.... The scope of these sufferings was very broad, embracing that whole series of painful emotions which runs from a consternation that is appalled dismay, through a despondency which is almost despair, to a sense of well-nigh complete desolation. In the presence of this mental anguish the physical tortures of the crucifixion retire into the background, and we may well believe that our Lord, though He died on the cross, yet died not of the cross, but of a broken heart, that is to say, of the strain of His mental suffering.”

-B.B. Warfield, “*The Emotional Life of Our Lord*”

Jesus was pushed to the very limits of mental and emotional strain by what He was enduring to the point that He was collapsed on the ground.

Jesus pressed on in the face of such overwhelming darkness because He loved us!

II. There's Nothing Greater He Could Do That Would Prove His Love For You

Luke shows us the agony of Jesus so that we would be amazed by Him and the magnitude of His love that didn't just go to the cross for our sins, but went into the garden to experience the full weight of our sorrow, grief, and anguish in this broken world.

The love Jesus has for you is the most costly, sacrificial, and unchanging love you will ever experience.

In **Isaiah 53:10-12**, you can see what He's done about our sin problem and the overwhelming sorrow we face in this life.