Guidelines: sermon curriculum is designed to help facilitate small group conversation towards application of sermon. You may or may not get through all questions during SG time.

Sermon Discussion

1. *Read Psalm 46 and review the **main points** of the sermon.*

   a. You can have courage in the midst of calamities because God is in it with you (v1)

   b. You can have joy in the midst of political confusion because God has always been doing something bigger than political parties and earthly powers (v4-6)

   c. Take a deep breath and let God BE God (v8 & 10)

2. *Reflect and Ruminate*:

   a. How do you see God in the midst of your troubles and trials? Do you believe He is "in your trouble" or "outside of your trouble"? Explain why.

   b. Which one do you need to remind yourself of the most:
      i. Take another look at who's really in charge (v8)
      ii. Take a step back and rest in the sovereignty of God (v10)

   c. Is your relationship with God growing in intimacy or do you live as if you have information about God?

3. *Replace*:

   a. What practical step of faith and obedience is God calling you to implement this week as a result of the sermon? Be specific and avoid generalities.

4. *Renew*:

   a. What part of your life do you need to "cease striving after your own agenda" and stop trying to be in control all the time?

5. *Request*:

   a. How can the group pray specifically for you this week in regards to what you shared?

6. *Remember*:

   a. "We will never have rest for our soul until we have rest & intimacy with Jesus." Praise God for solving our greatest problem in life!

Prayer Emphasis:

a. *Pray for our visitors from the Czech Republic this week as they get immersed in biblical soul care training here at GFC and at Faith Lafayette.*

b. *Pray for God to increase your intimacy with Him. Spend some time asking for forgiveness for the things that you're holding onto and release the control back to God.*