



"Do You Ever Feel Outnumbered?"
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Guidelines: sermon curriculum is designed to help facilitate small group conversation towards application of sermon. You may or may not get through all questions during your small group time.

Sermon Discussion: Psalm 3

1. Read and review the main points of the sermon.

Both Singleness and Marriage...

- a. Cry out to God (v1-2)
b. Know God's Character and Place Your Confidence in Him (v3-4)
c. Remind Yourself, the Victory is Already Won! (v6-8)

2. Reflect and Ruminare on areas that resonated with you:

- a. Psalm 3 is a lament psalm, which means to cry out to God in the midst of pain and trouble. What circumstances in your life are causing you pain, distress, trouble or is causing you to be stressed?
b. Stressed spelled backwards is desserts. We usually run to something other than God to comfort us in our pain and struggles. What or who are you prone to run in times of trouble instead of God?
c. In order to overcome pain and suffering, one must know God's character. What are some of your favorite characteristics about God?

3. Renew Thoughts & Replace Actions:

- a. Jesus cried out to God (read Luke 22:39-46) and asked the Father to remove the cup of suffering from him but surrendered to the Father's will over his own.
i. What circumstances are you asking God to change for you in life right now?
ii. How have you been responding to your circumstances not changing?
iii. Is this something you need to surrender to God's will and not your own?

4. Request:

- a. How can we encourage and pray for you with regards to what you shared?

5. Remember the Gospel:

- a. Salvation belongs to the Lord. Rejoice in that we won't bear the penalty of God's final judgment for sin because of what Jesus accomplished on the cross.

Prayer Emphasis:
Praise & Prayer: Lord, help us to live by faith (believing the word of God and acting out on it regardless of circumstances or feelings) and NOT by sight!